

# Tuckahoe Garden Club Newsletter (September 2018)

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THE TUCKAHOE NEWS



## September 2018

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Our new year has begun! The Tuckahoe News, our revamped newsletter for The Tuckahoe Garden Club, strives to keep you informed and engaged. So, find your calendars, grab a cup of coffee, settle in and enjoy.

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*Dryopteris erythrosora* begins to turn its coppery-red color as fall approaches. Naturally, its common name is Autumn Fern.

## THE PRESIDENT'S MESSAGE

Farewell summer...September is here! That means back to school, back to volunteer activities, new routines, shorter days, cooler temps including...a new Tuckahoe Garden Club year, new jobs and new adventures! Many members have already been hard at work during the summer to prepare for our 2018-19 year and we owe them large kudos for the time they have put in during summer vacation months to get us to this point.

This newsletter is jammed packed with lots of information. Don't miss a detail! Check out our amazing Programs, Horticulture and Artistic schedules. Put these in your calendars. And participate-bring your exhibits-don't miss out on the fun!



We are privileged to be meeting in Jennifer Sisk's home on September 19. We have a last-minute speaker for September-we are honored to welcome Frazier Armstrong, the new Executive Director of Capital Trees who will update us on plans there. In addition, Peyton Wells will give us a little teaser as to what to expect for our October meeting, which looks SO FUN. Afterwards, we will bring everyone up to date on the buzz....including but not limited to:

- Green book- pick up the new edition! See Mollie Reinhart when you check in.
- New organizational tools to make our jobs easier.
- Our important vote on the GCV Common Wealth Award. Read about them in a separate email and be ready to vote.
- Bulbs bulbs and more bulbs...don't miss the offering from the Spring Sale Committee.
- Bring your artistic and horticulture exhibits.
- Rose and Lily collections available for order.
- GCV, GCA, plans for meetings, events and more.

I will try to keep this meeting to an hour and a half and what is not discussed will be shared in information attached to the agenda.

Ellen Buoyer is our recording secretary- text (804-402-4387) or email Ellen (5buoyers@gmail.com) if you are unable to attend. Remember, only 3 excused absences allowed by our by-laws.

Can't wait to see everyone on September 19!

XOXO,

Betty

Betty Jenkins

President, The Tuckahoe Garden Club of Westhampton





# TGC NEWS & INFORMATION

## UPCOMING CLUB MEETING INFORMATION September 19, 2018 (Wednesday)

Hostesses: Mary Horton\*, Janie Pinney, Macon Willingham

Place: Jennifer Sisk's home, 400 Harlan Circle (23226)

Time: 9:30 am Refreshments & 10:00 am Speaker

Program: Peyton Wells, Short Introduction to the October Workshop with Business Meeting

Exhibits:

Class I: Create a floral arrangement using late summer blooms in a glass container.

Class II: Meadow floral arrangement in a basket as part of a picnic.

Horticulture:

Class A: Zinnia Specimen or Collection (3-7)

Class B: Dazzling Dahlias: Specimen.

Class C: On your walk find a flower going to seed. Display as a specimen.

Class D: Specimen of your best vegetable.

Not judged class: Bring in another horticulture specimen to be shared for its beauty and enjoyment. Note name and growing conditions.







An echinacea purpurea bloom, going to seed.

### **Attendance at Membership Meetings Reminder**

In order to record membership attendance quickly and accurately, we will use pre-

printed nametags. When you arrive, find your nametag and wear it. All un-claimed tags will tell me who did not attend the meeting. Remember, our by-laws state active members are allowed three excused absences per year. If you cannot attend a meeting, please contact me via email or text prior to the meeting. Thank you!

Ellen Buoyer

Recording Secretary

[5buoyers@gmail.com](mailto:5buoyers@gmail.com)

804-402-4387 (cell)

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## Treasurer Update

As we begin our new program year, it is time to collect our member dues! You will receive an email with your dues letter on approximately September 10th indicating the amount you are to pay.

As a reminder our dues are as follows:

Membership Category	Dues Assessment
Active	250
Inactive	250
New Members	350
Sustainer Emeritus	176
Sustainer	250
Non-resident GCA Primary	102

Non-resident GCA Secondary 40

Honorary 62

Optional journal fee 20

Please bring your check, payable to Tuckahoe Garden Club of Westhampton, to the first meeting.

Please contact Bonnie Cricchi, Treasurer, if there are any questions [bonniecricchi@gmail.com](mailto:bonniecricchi@gmail.com).

**Thank you!**

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## Sustainers and Honorary Members

### **Calling All Sustainer and Honorary Members!**

I am pleased to serve as your Sustainer/Honorary Representative to the TGC Board during Betty's Presidency! As Sustainer and Honorary Members, you have given years of faithful service to our Club, GCV, and GCA, and now you can relax and enjoy your hard-earned benefits of membership in our wonderful club without the demands of active membership. I hope you will join me in attending meetings, and in exhibiting flower arrangements, horticulture specimens and collection, and photography submissions! If you need transportation help please call me...we want you to be with us as we continue our tradition of interesting and exciting programs and beautiful exhibits.

Tricia Sauer

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(Left image) Mature larvae of the saddleback caterpillar, *Acharia stimulea*. While they are colorful and almost cartoonishly cute, do not touch them! If you touch their body hairs, you will experience a painful rash, burning, itching, swelling and blistering, along with nausea. Native to a large area of the eastern US, it feeds on a wide variety of host plants. So gardeners: beware! The adult version of this caterpillar is a fuzzy, dark brown and rather unremarkable moth (right).

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## TGC Membership Update

We are excited to report that there were many positive changes made to membership bylaws and standard procedures during the 2016-2018 time frame. Please remember to pick up your 2018 Green Book at the September meeting and review the membership guidelines.

As of spring of 2018, there are 75 TGC members. Of those members, 25 are sustainers and 10 are honorary members. This fall, we have 6 openings for new members. Please be thinking if you would like to nominate someone for membership. Remember that one person must propose a nominee with 2 endorsers. If you have proposed or endorsed a candidate within the last 2 years, you are not eligible to nominate this year. No member of the executive committee or a member of a candidate's family may sign as a proposer or endorser.

Deadline for all nominations: forms must be turned in to Elizabeth McGill or Janie Pinney by 5:00 p.m. on October 4th. Please let us know if you have questions.

We would love for you to consider anyone who would enjoy and want to participate in our Club.

Elizabeth McGill and Janie Pinney

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## The Story of TGC

The Tuckahoe Garden Club of Westhampton was founded in June 1928 by Mrs. Stuart Michaux (Martha Whitehead). She invited a group of friends and neighbors who called themselves the “Garden Club of Six” to a luncheon in an effort to entice them to join with her to form a new garden club. They unanimously agreed bringing the initial membership to seven! Early projects included the appointment of a State Landscape Engineer to serve on the Virginia State Highway Commission. In 1932, as a celebration of George Washington’s second centennial birthday, these ladies planted thirteen young elm trees along a bare block of Grove Avenue – one tree for each original state. Even during the Great Depression, the club managed to undertake the first roadside planting along River Road, extending from The Country Club of Virginia gate two miles west, past gardens and houses of several of the founding members. Other early projects included improving the grounds of the old Henrico Court House and the first “Reading Garden” at the Richmond Public Library.

Macon Willingham

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## Order Fall Bulbs for Spring Blooms





## Bulbs, Beautiful Bulbs!

By now, you should have received an email about our **new bulb sale** - we are trying to give everyone's garden a facelift for Spring! Orders are due back to us no later than **September 30**. The sooner you get your order in, the better chance you will have of getting your first choices. It would be ideal if you could fill out the forms and turn them in at the September 19<sup>th</sup> meeting at Jennifer's house (or get them to Kathy ahead of the meeting).

We are offering beautiful bulbs from a tested source from the Netherlands which will arrive mid October. We will have the bulbs packaged and ready for you to pick up from your presale orders. The pickup will be at the October meeting, which is October 24<sup>th</sup> at Grace Baptist Church. This is a great chance to add some **new color** for spring to your garden and enhance your offerings for Historic Garden Week. These bulbs will be packaged attractively and make a great **gift** for a new homeowner or a good friend! We will *possibly* have a few extra bulbs to sell at the October meeting.

Each pack of bulbs will come planting instructions. We hope this will help us try some new things in our gardens and learn about using bulbs in our designs. You can even grow bulbs in pots! The quantities of the bulbs are **limited**, so make sure if there are specific colors and bulbs you want, to send in a presale order to Kathy Watson as soon as possible. For a full display of color, it is good to order several of each grouping.

Remember the early bird gets the worm!!! Some of these will sell out fast.

### Questions?

Call Martha Moore 804-513-1622

or Kathy Watson 804-370-6742

Brought to you by Your Spring Sale team: Martha Moore, Kathy Watson, Patricia Hunter, Charlotte Clarkson and Molly Revere



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# VMFA FINE ARTS AND FLOWERS

You will not want to miss the VMFA Fine Arts and Flowers Exhibit October 25-28. Rosemarie Bundy and Meredith Lauter have graciously agreed to be in charge of our exhibit. If they call you for assistance, please say yes.

Everyone is invited to attend. The proceeds from this year's event will support the new Artmobile that will travel across the state, making its debut at the event.

There is also a Gala, Luncheons, Speakers, Workshops and Tours! Something for everyone!! Don't miss!





*Abelmoschus esculentus*, commonly called okra, is native to tropical Africa and Asia. The bloom is showy with yellow petals and a purple center and lasts just one day.

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## GARDEN CLUB OF VIRGINIA NEWS & INFORMATION



GARDEN CLUB  
O F V I R G I N I A



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# GCV SYMPOSIUM





## RICHMOND 2018

GCV 09.25.26.18

**Sy**

Symposium 2018

Join Garden Club of Virginia members and fellow flower lovers at the Science Museum of Virginia and examine the basic elements of beauty from a number of perspectives.

- Enjoy the main event, an integrated Flower Show featuring Horticulture, Artistic Design and Photography.
- Learn at Flower Arranging School with Holly Heider Chappel, a renowned floral designer and educator.
- Participate in hands-on Flower Arranging Workshops for all levels of experience and interest.
- Discover something new in the world of Horticulture with Chip Calloway, a landscape architect.
- Be informed on pressing issues and news with Conservation and Restoration speakers.
- Sip & Shop at a garden-themed café and browse an inspiring vendor area.

**All events are open to the public. Registration for ticketed events and more information will be available in mid-June.**

**GCVSymposium.org**



### GCV HORTICULTURE SHOW IN RVA

Grow it and show it: "Elements of Beauty"

September 25 and 26th at the Science Museum of Virginia

Make plans to exhibit!

Find the schedule on the GCV website at [www.gcv.symposium.org/horticulture/](http://www.gcv.symposium.org/horticulture/) for all the details

including this year's classes:

- Terrariums (limited, with advanced registration required)
- Blooming Perennials
- Foliage Perennials
- Annuals
- Dahlias
- Branches with blooms, berries or fruits

- Branches with blooms, stems or trunks
- Miscellaneous Collections
- Roses

Plan to drop your exhibits off at Joanie Robin's house (*this is a change!*) on Monday, September 24, 2018 between 11am-12pm if you are not planning to attend the show.

A sign up sheet will be circulated at the September 19th TGC meeting and all are encouraged to submit something beautiful from their gardens!

For more information, please contact either:

Susan Meyer [contention736@gmail.com](mailto:contention736@gmail.com) 804-909-2226 or

Ann Ramsey [Ramsey.ann@gmail.com](mailto:Ramsey.ann@gmail.com) 804-363-1953

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(While a number of classes will be exhibited in test tubes provided by the GCV, please save any green or clear glass bottles you may have for use at the show. Each exhibitor should plan to bring her own bottles, but extras are always welcome for other exhibitors to use.)



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Calling all flower arrangers! The Symposium is right here in Richmond and Tuckahoe needs great participation—no excuses...no travel...easy! The artistic class has 4 classes from which to choose-check them out below and then register at [www.gcvsymposium.org/artistic](http://www.gcvsymposium.org/artistic). We would like to submit an entry for Class 4 and plans are to brainstorm ideas on September 20th at Susan Ewing's house and assemble the arrangement close to the Symposium, but first, we must register soon.

**Let Mary Horton or Susan Ewing know if you can help AND we will be calling for assistance soon! Thanks!**

Mary Horton [marymack1123@gmail.com](mailto:marymack1123@gmail.com) 804-389-2050  
and Susan Ewing mail is [ewingsusan04@gmail.com](mailto:ewingsusan04@gmail.com) 804-426-4200

(See below for classes; classes may be full already.)

Class 1 Scientific Inspiration

*Choose from Synergistic (6 entries) or Parallel (6 entries).*

Class 2 Elements in Motion

*Choose from Mobile Kinetic (6 entries) or Stabile Kinetic (6 entries).*

Class 3 Beauty in Beakers

*Choose from Stretch (4 entries) or Echo (4 entries).*

Class 4 Flowers and the Periodic Table (Inter Club)

*Choose from Illuminary (7 entries) or Reflective (7 entries). Reflective is filled.*

Classes 1-3 are open to individuals or groups. Inter Club Class 4 is open to GCV member clubs only. Arrangements in classes 1, 2 and 4 will be displayed on a 12" square, 42" high gray pedestal. Arrangements may not extend more than 6 inches on either side. Class 3 arrangements, not to exceed 24" width, will be displayed on a table. No height limitations

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# GCV COMMON WEALTH AWARD 2018

## THE COMMON WEALTH AWARD

The Common Wealth Award will be voted on Wednesday at our membership meeting. A separate email will be mailed to you on Monday (tomorrow) with the descriptions of the five finalists. PLEASE READ BEFORE WEDNESDAY AND BE PREPARED TO VOTE ON IT! WE WILL NOT READ THE ENTIRE DESCRIPTION AT THE MEETING. You may want to make a copy to bring with you.

This award is awarded to a GCV club to provide an annual grant to promote projects in the interest of conservation, beautification, horticulture, preservation and education for all Virginians.

Sara Cann

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## GCV ROSE COLLECTION 2018

In a change from previous years, the rose collection for 2018 will not be direct ordered from GCV. Instead, each member is responsible for ordering her own roses from the list below. Please see the websites included with each rose description for ordering purposes. Once you decide which varieties to add to your garden please email Lauren Neal at [lebneal@icloud.com](mailto:lebneal@icloud.com) and let her know which varieties you have chosen. Your roses will be delivered in the spring in time for planting. Be sure to let Lauren know your order; these roses can be included in future GCV exhibiting.

This year's selections by the GCV Rose Committee were chosen for ease of growing with options for every garden. The choices below are hardy, disease resistant, and can be grown without pesticides. We are all encouraged to try some of the following varieties:

- Rose de Rescht," Portland Damask Old Garden Rose, a deep pink/fuchsia, fully double and very fragrant; bush form, available at [Heirloomroses.com](http://Heirloomroses.com) and [antiqueroseemporium.com](http://antiqueroseemporium.com)
- "Carefree Beauty," Dr. Griffith Buck, a light pinkish shrub rose with excellent disease

resistance, blooms all summer, available at [chambleerose.com](http://chambleerose.com) (mention GCV for discount)

- “Iceberg,” Kordes, a hardy, pure white floribunda with large clusters of double blooms, available at [chambleerose.com](http://chambleerose.com) and [edmundsroses.com](http://edmundsroses.com)
- “Jeanne la Joie,” a fragrant pink miniature climber, black spot resistant, constant small blooms, available at [Heirloomroses.com](http://Heirloomroses.com) and [rosesalesonline.com](http://rosesalesonline.com)
- “Fragrant Cloud,” a deep coral hybrid tea with large full blooms and intense fragrance, available at [Heirloomroses.com](http://Heirloomroses.com) and [witherspoonrose.com](http://witherspoonrose.com)
- “Munstead Wood,” David Austin shrub, a new offering for disease resistance, fragrance, deep crimson velvet petals with a high count and repeat blooms, available at [witherspoonrose.com](http://witherspoonrose.com) and [whiteflowerfarm.com](http://whiteflowerfarm.com)

Lauren Neal

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## GCV LILY COLLECTION 2018

The Garden Club of Virginia 2018 Lily Collection is now available. Each collection includes these six bulbs from B&D Lilies and costs \$32, including shipping. The deadline for ordering is September 21. If you would like to place an order, please make a check out to Freddie Gray and either mail it to her (14 Tapoan Road, 23226) or give it to her at the September meeting. The collections will be shipped next spring.

### Garden Club of Virginia 2018 Lily Collection



Eyeliner 8 (LA) White with petals edged in purple-black. 3-4', June



Royal Sunset 8 Pink with melon centers. 4', June





Trebbiano 8 (LA) soft yellow,  
green overtones. 3', June/July



Flashpoint 8 (OT) red and cream,  
fragrant, outfacing. 5', July



Conca d' Or 8 (OT) lemon, fragr.,  
up/outfacing. 4-5', Jul/August



Pink Snowflake 8 (OT) white with  
pink buds and petal reverse,  
fragrant. 3-4', July/Aug

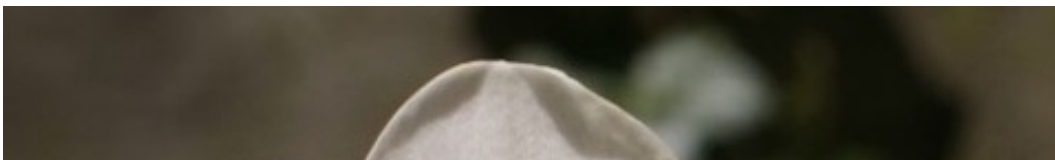
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## GCV CENTENNIAL

To kick off the GCV's Centennial celebration, Brent Heath has worked with us to create a special daffodil for the occasion. Named Green Arrow, it is available for purchase only by members for a limited time. Cost is \$30 for 5 bulbs with a limit of three packs per member. As well as this becoming a special bloom in your garden it is an opportunity for each of us to become "citizen scientists" and give feedback on how this daffodil performs across the state.

When you receive your bulbs, there will be detailed instructions for for sharing your experience. I'm ordering a set as a test collection for the club and hope you will consider joining this fun opportunity with me.

Order now: <https://www.gcvirginia.org/members/centennial-mementos>







Sue Taylor

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## GCV CONSERVATION FORUM

**You will not want to miss this—the 60th Conservation Forum in Charlottesville. Check out these awesome speakers on this most vital topic....**

**"The Real Dirt on Pesticides....Pollinators, Food and Our Health"**

**If you want to carpool, let Betty know.**

**October 25, 2018**

**8:30 a.m. to 12:30 p.m.**

**The Paramount Theater**

**215 East Main Street**

**Charlottesville, VA 22902**

**Open to the Public**

**\$30 per person (includes continental breakfast)**

.Join the Conservation and Beautification Committee of the Garden Club of Virginia to hear the latest research on the impact of pesticides on pollinators, the environment and our health. Learn alternative sustainable garden practices that can be implemented in your own backyard.

**8:15-8:45 a.m. Check in and Light Breakfast**

**9 a.m. Welcome and Opening Remarks** Jean Gilpin, President, Garden Club of Virginia and Carrie Dorsey, Chairman, Garden Club of Virginia Conservation and Beautification Committee  
**9:15 a.m.**

**Guest Speakers**

**Rick Felker**

**Mattawoman Creek Farms**

The importance of soil and growing conditions on health.

**Russ Britton**

**CEO, Mirimichi Green**

Innovative practices and latest advancements in sustainable green spaces including biostimulants and reduced watering needs

**Pete Myers**

**Founder and chief scientist of Environmental Health Sciences**

The dangers of pesticides - even in low doses - to the health of wildlife and people. Endocrine disrupting pesticides and how the EPA may improve its risk assessment will also be covered.

**Rick Fell**

**Professor Emeritus of Entomology, Virginia Tech**

Importance of pollinators and the threats they are facing

**11:30 a.m. Panel and Questions from the Audience**

**Noon Presentations of the Dugdale Award for Meritorious Achievement in Conservation and the GCV Conservation Educator Award**

**12:30 p.m.**

**Adjournment**

Watch the GCV website (<https://www.gcvirginia.org/>) for registration information updates!

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# GCV HISTORIC GARDEN WEEK

Please make sure to mark your calendars for this year's upcoming Historic Garden Week Tours. There will be tours on Thursday, May 2 in Westhampton, Governor's Mansion and at the Kent-Valentine House. The tour on Friday, May 3 will be in Manakin-Sabot. Remember, all active members are expected to either hostess or arrange flowers on these dates. Sustainers, we always need your help; reserve these dates to help if you can.

Look for more information to come from Anne Poarch and Mary Kathryn Woodward!

## Westhampton Tour Thursday, May 2, 2019

Mr. and Mrs. Andrew G. Spitzer (Julee and Drew)  
5407 Cary Street Road Richmond, VA 23226

Mr. and Mrs. John Molster (Janie and John) 6004 York Road Richmond, VA 23226

Mr. and Mrs. Jeffrey W. Lamb (Anne and Jeffrey)  
6317 Three Chopt Road Richmond, VA 23226

Mr. and Mrs. Hiter Harris (Jill and Hiter)  
6315 Three Chopt Road Richmond, VA 23226

Mrs. Kim Gottwald 6410 Three Chopt Road Richmond, VA 23226

## Goochland Tour Friday, May 3, 2019

Mr. Billy Coogan  
115 Ben Dover Lane Manakin-Sabot, VA 23103

Mr. and Mrs. Robert Fauntleroy (Betsy and Bobby)  
755 Merry Go Round Road Manakin-Sabot, VA 23103

Mr. and Mrs. Armstrong Forman (Carol Lynn and Armstrong ) 900 Sabot Ridge Lane  
Manakin-Sabot, VA 23103

Mr. and Mrs. John Van Der Hyde (Sarah and John )  
849 Sabot Hill Road Manakin-Sabot, VA 23103

Mr. and Mrs. David Williams (Marnie and David)  
799 Sabot Hill Road Manakin-Sabot, VA 23103

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*Asimina triloba*, or pawpaw, is a fascinating tree that produces the largest edible fruit native to North America. In late summer, the fruit begins to ripen. It has the consistency of a banana and has a similarly mild flavor. In 1996, this tree was an honorable mention for the GCA's Montine McDaniel Freeman Medal.

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THE GARDEN CLUB *of* AMERICA

GARDEN CLUB OF AMERICA NEWS &  
INFORMATION

# GCA ZONE VII FLOWER SHOW

**What's the Buzz?** Team Ryan (Missy Ryan and Rita Ryan) GCA Horticulture Chairs are seeking specimens to enter into the GCA Zone VII "What's The Buzz" Flower Show on October 8-10, 2018 in Roanoke, VA for horticulture classes 1 - 37.

We need your properly cut, conditioned specimens (not to exceed 24" in length) delivered to Rita Ryan (8904 Highfield Road) on **Sunday, October 7th at 12:00 p.m.** Contact Missy Ryan [missy.ryan@verizon.net](mailto:missy.ryan@verizon.net) (804) 338-6836 or

Rita Ryan [ritamryan247@gmail.com](mailto:ritamryan247@gmail.com) (843) 259-8407 for details. Thank you!!

Please check your garden for some good looking horticulture from one of the following classes below:

Fall Blooming Annuals	Perennials Grown for Blooms	Calling All Pollinators	Bulbs, Corms, Tubers and Rhizomes	Roses	Trees, Shrubs, Deciduous, and Evergreen	Container Grown Plants in a pot not to exceed 14"
1) Cosmos	6) Echinacea	11) Asters	16) Dahlias - small < 4"	21) Old Garden Roses	26) Fall Color	33) Fern
2) Celosia	7) Helenium	12) Salvia	17) Dahlias - Medium 4-8" diameter	22) Hybrid Teas	27) Berried Branch	34) Hellebore
3) Verbena	8) Chrysanthemum	13) Sedum	18) Dahlias - Large > 8" diameter	23) Shrub	28) Blooming Branch	35) Hosta
4) Helianthus	9) Japanese Anemone	14) Eupatorium fiftulusum	19) Tricyrtis	24) Polyantha	29) Holly	36) Epemedium
5) Other	10) Other	15) Other	20) Other	25) Other	30) Broadleaf evergreens	37) Other
					31) Conifers	
					32) Other	

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# GCA CONSERVATION



## **Bee Sustainable... "Who Knew?"**

We are looking forward to our role as your conservation chairs. Our focus these next two years will be on Climate Change. Regardless of your political views, climate change impacts all of us and it also starts with each of us. We need to pay attention and pay it forward. Betsy and Fraser did a remarkable job educating us and introducing the "Bee Sustainable" logo and practice. We plan to continue this as it is a critical piece of climate change.

The Garden Club of America's position papers are powerful statements regarding issues that impact all of us. The following is their introductory paragraph on climate change:

The Garden Club of America recognizes that global climate change is affecting the natural world, our economies, national security, and human health. Rapid loss of biodiversity, species extinction, ocean acidification, sea level rise, droughts, floods, storms, along with threats to clean air, to clean water, and to the health of our national parks are all risks we face if we do not address the human activities that create global warming.

Because individual and collective action can modify the course of climate change, The Garden Club of America is committed to educating members and communities about its causes and about constructive responses to them. The Garden Club of America is particularly concerned about the influence of climate change on biodiversity. Native vegetation is the matrix that sustains plant biodiversity and supports wildlife and ecosystem services. Therefore, The Garden Club of America supports federal, state, and local legislation and policy.

PLEASE go to the GCA website to read their entire position statement: [gcamerica.org](http://gcamerica.org), click on members area, click on committee pages, click on conservation committee, scroll down to position papers, click on conservation action.

Through our research we have come across some revelations we thought were worth sharing....

"Who Knew?"

- Toxic chemicals in homes are more likely to cause cancer than any outdoor airborne pollutants according to an Environmental Protection Agency study. Women who stay at home versus women who go outside the home to work have a 54% higher death rate from cancer. This ominous finding was the result of a fifteen-year study presented at a recent National Center for Health Statistics conference. Suspected villains: Household Cleaning Toxins.
- Take it out, rinse it off, dry it and watch it shine, REALLY! After you've finished boiling the potatoes stick your tarnished silver in the potato water and let it sit for at least an hour. Mashed potatoes or potato salad, anyone?
- Only 1% of plastic bags are recycled. The rest clog landfills, choke streams and harm wildlife. Typical households use 700 paper grocery bags in two years, the equivalent of a 20 year old tree. Plastics are classified from #1 to #7 by their resin identification code. Flip your plastic container upside down to check out the recycling triangle with the number in the middle.

Safest Plastics to Use:

#2, #4, #5 – transmit no known chemicals into food and are recyclable

#1 – FINE FOR SINGLE USE, recyclable

PLA – plant-based plastics, not recyclable but can be composted

To Avoid:

#3 cling wraps – releases dioxin, a carcinogen

#6 foam cups and clear plastic take-out containers – leaches styrene, a possible carcinogen

#7 baby bottles, some reusable water bottles, stain resistant food storage containers

- Permanent press clothes and bed linens: they are treated with formaldehyde resin applied in such a way that it becomes a permanent part of the fiber, causing toxic fumes. Better choice: Natural fibers
- Mothballs-made from 100% paradichlorobenzene which is harmful to liver and kidneys. Better choice: Herbal products that act as repellents, cedar chips or cedar oil.
- HOT TIP FOR HYDRANGEAS: Pour leftover pickle juice around pink (or other color) hydrangeas and see if it doesn't turn a gorgeous blue.

Bee in the Know,

Sue Thompson and Abbie Wharton



Primary source for this article: Stony Brook Garden Club. (2010) Does it come in Green?  
Pennington, NJ: Stony Brook Garden Club of Princeton

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### Partners 4 Plants

Botanist Chris Senfield and James River Park System Invasive Species task Force member Meg Turner will speak at the November joint meeting with James River Garden Club about the GCA Partners 4 Plants habitat restoration project at Chapel Island.

If you would like to get a head start on the restoration effort, please join Task Force members for one of their regular workdays at Chapel Island September 24 from 1 p.m. - 3p.m. Click on the link below to sign up:

<https://www.handsonrva.org/opportunity/a0CA000000ogdXEMAY>

Questions? Contact Freddie Gray or Kelly Wilbanks

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## GCA PHOTOGRAPHY

Garden Club of America is offering a “Zone VII Photo 101 Workshop” on Sept. 20 at the Norfolk Botanical Garden.

Speakers: Brian Grogan & Patty Hankins

For more info: [danaparker@usa.net](mailto:danaparker@usa.net)

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### Photography News from Chandler Klevana

Check out these photo apps I used over the summer:

- **VSCO** (an app where you can edit & share photos)
- **Shutterfly** (an app where you can store, order books etc.)
- **Pic Collage** (So fun! Check it out!)
- **Enlight** (intense editing app)

- **Blurb** (photo storing at a professional level)

Travel and Leisure online magazine posted this great article on “How to get the best photos while traveling”:

<https://click.email.travelandleisure.com/?>

[qs=49eb1c94c2f56e9be5656d92db6aab502176ef3f550c3b80b04c73b815700865a81fcb82af6b8b8e41e74f95b60f36d43565b91fda6c7386453cc2fc8115d037](https://click.email.travelandleisure.com/?qs=49eb1c94c2f56e9be5656d92db6aab502176ef3f550c3b80b04c73b815700865a81fcb82af6b8b8e41e74f95b60f36d43565b91fda6c7386453cc2fc8115d037)

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Tell us what you think about this newsletter format and content! Email Jill Mountcastle [jbmountcastle@mac.com](mailto:jbmountcastle@mac.com) with any comments, questions or concerns.

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